

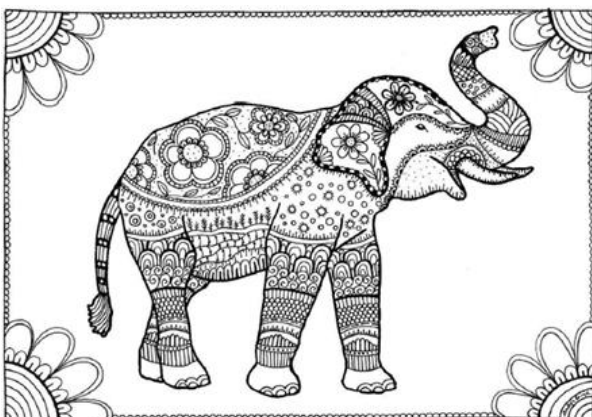
Zentangle Art

The **Zentangle** Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. We call these patterns, tangles. You create tangles with combinations of dots, lines and simple curves.. These simple shapes are in all **Zentangle** art.



We are hoping to create art based on our Indian theme (or any other theme you wish to choose) but finished off in your own unique doodle style.

Below are some examples of what types of pictures can ultimately be created. The bonus of this technique is that you can make it as easy or as difficult as you like.



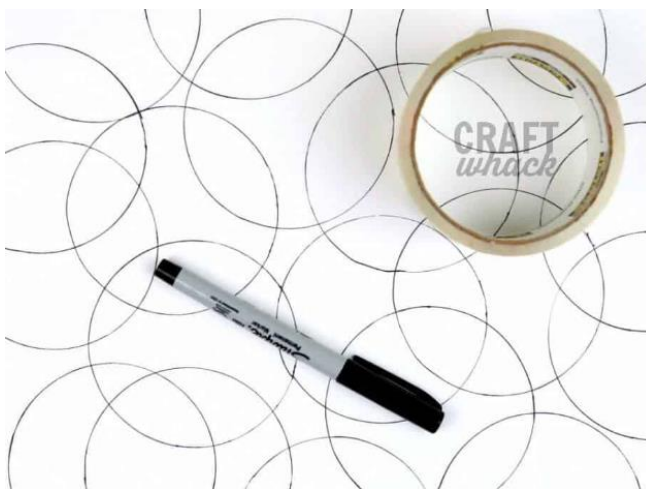
So let's take one step at a time..... For this week's task, we need to practise the different Zentangle designs. Please use this link below to help you get started.

Within the link, scroll down to:

How to make this Zentangle Project & watch the 'Drawing Tangle Circles' Tutorial

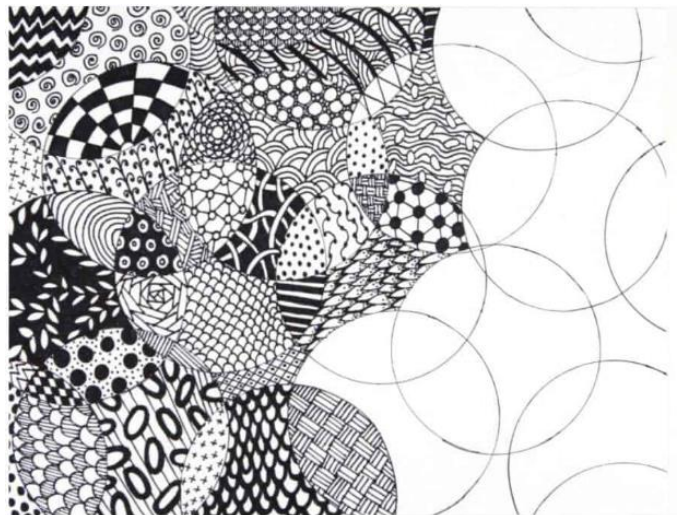
Please use the link here: [Zentangle Art](#)

These are the steps to follow:



Step 1 - draw circles with a circular object, ensuring they overlap each other.

Step 2 - use the zentangle pattern ideas (you'll find the links on our newsletter) to fill in the separate sections of the circle you have created.



Test out the patterns you like, which are easy, which are a little tricky? Which designs look 'doodle-tastic'?! This is a great technique to allow you to get lost in your art. Relax and enjoy.