

Maundy Thursday (Holy Thursday)

Maundy Thursday is the Thursday before Easter. Christians believe that on this day, Jesus shared a Passover Meal with his friends. This meal is known as the Last Supper. At the Last Supper, Jesus and his disciples shared a special Passover meal. Passover is a Jewish festival where special, unleavened bread is eaten. While the disciples were gathered together, Jesus washed their feet. They wondered why he was doing this, so Jesus explained,

"Love each other as I love you. You must always help one another. No one is more important than anyone else."

7 day 'love other's challenge'

Think of 7 different things that you can do to follow this commandment of Jesus – 'to love others' – especially during these tricky times we need to try and find creative ways to show love to others.