

Inspiration page

Start by choosing one. Why not write about:

Someone you care about

These make amazing, emotional poems:

Mum, Dad, Brother, Sister, a relative, a friend, a teacher, etc.

You can say how they make you feel, how it feels when you are apart, what they have given you, the list goes on!

Feelings

Choose a feeling and create a poem about it:

Happiness, sadness, frustration, loneliness, anger, a sense of feeling overwhelmed, nervous etc.

Choose one and focus on it. How does it affect you inside and outside? How do you act? What do you think others think?

Lockdown

Write about it! How has it made you feel? Maybe each paragraph could be about a different feeling associated with it or something you have done. Don't worry if it's not all positive. Poetry is a great way to let go of feelings.

Power cut

Cut off from the digital world. How will you survive? Have you noticed the real world around you? What feelings creep in when you can't use technology? What are you worried about?

Stage fright

A poem about giving a performance or recital - while reciting a poem! What does it feel like? How do you behave? What are you worried about? How is it with people looking at you? Does the feeling change?

Why?

Use the word 'why' to question a subject. Why is something like it is? Why do people think about something in a certain way?

It's time for a change.

If you could change something, what would it be and why?

Now share your poem

Read it to a family member. Record it and send it to the year group e-mail address. Say it to a friend on Zoom. You might be surprised – you might enjoy yourself!

